

Test Your Hearing



- | | Yes | No |
|--|--------------------------|--------------------------|
| 1. Do you have a problem hearing over the telephone? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Do you have trouble following the conversation when two or more people are talking at once? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Do people complain that you turn the TV volume up too high? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Do you have to strain to understand conversation? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Do you have trouble hearing when there is noise in the background? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Do you find yourself asking people to repeat themselves? | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Do many people you talk to seem to mumble, or not speak clearly? | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Do you misunderstand what others are saying and respond inappropriately? | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Do you have trouble understanding the speech of women and children? | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Do people get annoyed because you misunderstand what they say? | <input type="checkbox"/> | <input type="checkbox"/> |

If you answered "Yes" to three or more questions, you will probably want to take the next step and have your **hearing professionally tested.**

This was designed by the US National Institutes of Health to help adults assess whether to have a professional hearing evaluation.